



# 40 DAYS FOR LIFE®

*Devotional for Day 11, Saturday, March 4*  
*Jor-El Godsey, President, Heartbeat International*

## Intention:

Let us keep focused and faithful to the Lord's calling to champion life.

## Scripture:

I would have lost heart, unless I had believed that I would see the goodness of the Lord in the land of the living.

—*Psalm 27:13 (NKJV)*

## Reflection:

Did you see the latest “breaking news” story?

Which one, you ask?

Exactly.

There are so many. Every day. All the time. So much so that we are constantly bombarded by “Breaking News” from our social media feeds and email inboxes to the persistent crawl on our television screens. Yet what follows that label could be anything from an important update on a global crisis to a trivial announcement of the break-up of a Hollywood couple.

All of it is intentionally designed to distract us from our daily lives and immediate cares and gain our attention. That's because, to these media outlets, our attention means viewership, ratings, and clicks that

enhance advertising revenue and influence.

Moreover, crisis breeds urgency. Outrage polarizes political partisans. And all of it is exhausting. When we try to respond to everything that upsets our sensibilities, breaking news can eventually break our spirit.

Distraction is an ancient tactic deployed in the biblical narrative to diminish the work of God - from Eve in the Garden to Samson to David to Nehemiah and more. Today we are bombarded with distractions.

Being distracted from what God wants us to accomplish is nearly as effective as if we quit altogether. Let's not give the devil that satisfaction.

We need to keep our eyes more on “the goodness of the Lord” and less on the daily news.

## Prayer:

Heavenly Father, keep our eyes firmly fixed on the good work You're doing in us, and want to do through us. Help us proclaim the Good News of the Lord Jesus in partnership with Your Holy Spirit. Grant me the discernment to avoid the things meant to distract me from faithfully fulfilling Your call to champion the Gift of Life. All honor and glory to You, the Giver of Life. Amen.